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# STAR OF MYSORE

OUR EVENING DAILY

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E-mail: voice@starofmysore.com
ad@starofmysore.com

MYSURU Wednesday 26th March 2025
City Offices: K.R. Circle Ph: 2431774
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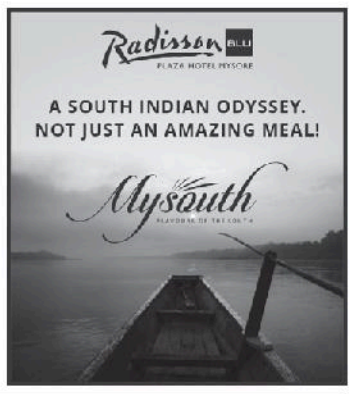


# 204 crore litres of water wasted!

## KRS crest gate 5 remains open for over 20 hours; probe ordered

Mysuru, Mar. 26 (AG&BCT)- Even as the washing away of a crest gate at the Tungabhadra Reservoir in Vijayanagara district in August 2024 remains fresh in public memory, over 1,000 cusecs (cubic feet per second) of water was discharged into the river from one of the crest gates at the Krishna Raja Sagar (KRS) Dam for more than 20 hours in hot summer — without the knowledge of the officials managing the Reservoir.

The incident occurred at Gate Number 5 (at 80+ level) of the KRS Dam from Sunday evening to Monday afternoon. The gate was finally closed on Monday evening after a strenuous struggle by workers due to the powerful water force. An investigation has been ordered to determine if there was any lapse on the part of the officials.

*A file photo of crest gates opened at KRS Dam.*

On Mar. 20, the Cauvery Neeravari Nigama Limited (CNNL) officials, who manage the KRS Dam, released 4,187 cusecs, followed by 4,181 cusecs on Mar. 21, 4,174 cusecs on Mar. 22, 4,161 cusecs on Mar. 23, and 4,149 cusecs on Mar. 24. Approximately 2,400 cusecs were directed to the canal for irrigation purposes, while 1,750 cusecs were released for drinking water.

On Sunday (Mar. 23) evening, due to heavy rainfall in the Kodagu catchment area, Dam authorities decided to close all crest gates to accommodate the expected inflow. However, Gate Number 5 (at 80+ level) remained open, causing over 1,000 cusecs of water to flow into the river unnoticed. Officials only realised the lapse on Monday morning (March 24) and scrambled to close the gate.

After several hours of struggle, the gate was finally shut by evening. By Tuesday morning (March 25), the Dam's outflow was recorded at 5,017 cusecs. On Wednesday (Mar. 26), a normal outflow of 4,130 cusecs was recorded.

**(See WATER on page 7)**

- **1 cusec** = 28.32 litres flow per second
- **1,000 cusecs** = 28,320 litres per second
- **20 hours** (per hour 60 minutes. 60 seconds per minute), so it is 72,000 seconds for 20 hours
- **Litres:** 28,320 litres x 72,000 seconds
- **Total litres:** 203 crore 90 lakh 40 thousand litres

# Women Cops to ride solo

## 257 women Police trainees to gain expertise in riding two-wheelers for next 20 days

Mysuru, Mar. 26 (RK&VNS)- In a significant move towards empowering Women Police Officers, Police Department launched a two-wheeler training programme for women constable trainees at Police Training School, Jyothinagar this morning — the first of its kind in city. The initiative aims to boost mobility, efficiency and self-reliance among women cops.

The training is designed to ensure that every recruit, regardless of prior experience, gains confidence in riding. Trainees unfamiliar with motorcycles will begin with gearless bikes, while experienced riders will shift to geared motorcycles. Flagging off the programme, DIGP (Southern Range) Dr. M.B. Boralingaiah said the two-wheeler training would empower women cops to act independently during emergencies, without relying on their male counterparts.

**(See COPS on page 6)**

# STAR OF MYSORE

"We believe comment is free, but facts are sacred."

**Editor: M. GOVINDE GOWDA, M.A.**

Mysuru, Wednesday 26th March 2025


## GTTC to impart technical skill-based training

Mysuru, Mar. 26-Government Tool Room and Training Centre (GTTC) has invited applications from eligible SC/ST candidates for the following free technical skill-based training under AITT-SCP and TSP scheme:

One year Post Diploma in Tool Design for Diploma/BE (Mechanical) candidates; One year Tool Room Machinist (SSLC); One year Tool & Dye Maker (SSLC/ITI); 6-month CNC Technology & CMM (ITI/Diploma); 4-month CNC Programmer - VMC & Turning (BE/Dip.); 4-month Designer Mechanical CAD-CAM (BE/Dip.); 4-month Electrician - Industrial and Domestic (SSLC/ITI); 4-month Conventional Machine & Quality Inspector (SSLC/ITI); 4-month CNC Machine Operator - Turning & Milling (SSLC/ITI); 4-month Product Design Engineer CAD-CAM (BE/Dip.); 4-month Product Design Engineer CAD-CAM (BE/Dip.)

Candidates must be in the age group of 16-45 years. They will be paid a stipend of Rs.2,500 per month and a certificate from GTTC. Placement assistance and hostel facility are available.

Last date for submitting applications is April 3. For details visit GTTC, No.93 & 94, Belagola, KRS Road, Mysuru or call Mob: 99454-42654 or 99454-79700.

## Tourism and Hospitality Industry

Mysuru, Mar. 26- Under the SCP/TSP sub-plans, the Tourism Department has invited applications from SC and ST community candidates from across the State for admission to Food Craft Institute (FCI) and Institute of Hotel Management (IHM) at Bengaluru to get trained in Tourism and Hospitality Industry.

Candidates must be in the age group of 20 to 45 years. SSLC passed will be trained as Food and Beverage service stewards while 8th passed candidates as multi-cuisine cook.

Last date for submission of applications along with required documents is Apr. 5. For details, contact, Ph: 0821-2422096 or visit *www.mysurutourism.in/notification* or visit the Office of the Assistant Director, Department of Tourism, according to a press release from District Tourism Development Committee President and Mysuru Deputy Commissioner G. Lakshmikanth Reddy.

## EDITOR'S BOTTOMLINE

AS FATE WOULD HAVE IT: ***Human life is punctuated by joy and sorrow. It is human nature to get ecstatic when good things happen but to blame fate when things go badly. Whatever is meant to happen will happen, but with the grace of God or Guru, there is a chance of changing one's fate, said P. Swaminathan. It is commonly held that animals and creatures do not have the sense to know right or wrong but our scriptural lore is replete with instances where animals have prayed to god, shown exemplary devotion and exhibited faith. The moral here is that one should have faith and look for an opportunity to overcome the struggles.***

*Neeti Satakam* ***is one work that underscores this point, succinctly. There was a snake charmer who made a living by exhibiting his snake in the town and village centres, making it dance to his tune. Residents were quick to part with some money. The snake charmer could live comfortably; however, conscious of the fact that his livelihood depended upon the snake, he kept it half hungry all the time, thereby ensuring its obedience.***

***The snake rued its fate and hankered after a hearty meal and was alert for suitable chances. It so happened that one night, when the snake charmer was sleeping in a forest, a hungry rodent came upon him and sniffing the basket and scenting a meal, began to make a hole in it. When the rodent made a hole large enough for it to enter, the snake swallowed it and quickly escaped from the basket.***

***Not for nothing is said that fate has a double sway. Whatever happens is ordained by fate and the best way to face up to adversities is to show equipoise. True peace lies in placing one's trust in the higher power.*** *—In The Hindu*

## NEWS SPARKLERS

### Tiny goat, Karumbi, claims Guinness Record

Thiruvananthapuram: A farmer in Kerala has made history after one of his pet goats was officially recognised in the Guinness Book of World Records as the shortest living goat in the world. Peter Lenu, the owner of the adorable little goat, said he was aware that Karumbi, a black female pygmy goat, was small, but it wasn't until those around him told him to pursue the record that he went ahead with the process.

As per Guinness, Karumbi, born in 2021, stands at just 1 ft 3 in (40.50 cm) at the full-grown age of four. She is a Canadian pygmy goat, a species known for their stocky bodies and genetic dwarfism that prevents their legs from growing more than 21 in (53 cm) high.

### Earrings swallowed by thief recovered by Police

Florida: Detectives have recovered four diamond earrings from a suspected thief two weeks after he swallowed the jewellery worth nearly 6,00,000 pounds during his arrest, US Police have said.

Officers obtained the licence plate of the suspect's car through shopping centre security footage and tracked the vehicle. He was pulled over for driving without rear lights in Washington County, almost 340 miles away, a Police report said.

While some earrings were quickly recovered, the suspect was then transferred to a hospital where detectives monitored him as they waited to collect the remaining evidence. The earrings matched the serial numbers from the jewellery taken from the Tiffany store, detectives said.

## HEALTH CAPSULE

Symptoms like unexplained fever, unintentional loss of weight and drenching night sweats can be due to lymphomas or leukaemia, so get your routine blood tests done.

***By Dr. Giripunja M. - Consultant – Haematology***
***Manipal Hospital, Mysore***

manipalhospitals
LIFE'S ON

** Health Capsule is not intended to be of a diagnostic nature*

## Talk on 'World Engineering Day for Sustainable Development'

***The Institution of Engineers (India-IEI), Mysore Local Centre, had organised a talk on the topic "World Engineering Day for Sustainable Development" on the occasion of World Engineering Day celebrations at its premises in city recently. Picture shows Dr. B. Sadashive Gowda, Principal, Vidyavardhaka College of Engineering (VVCE), Mysuru, delivering the talk as (from left) Dr. S.A. Mohan Krishna, Hon. Secretary, IEI, Mysore, Er. K.B. Bhaskar, Programme Convener, IEI, Mysore, Dr. U. Chandrashekar, Vice-Chancellor, Godavari Global University, Rajamandri and Er. B.S. Prabhakara, Convener, Technical Activities, IEI, Mysore, look on.***

## WATER LEVEL

| KRS DAM | KABINI DAM | HARANGI DAM |
|---|---|---|
| Maximum **124.80 feet** | Maximum **2,284 feet** | Maximum **2,859 feet** |
| Today's level **106.09 feet** | Today's level **2,270.40 feet** | Today's level **2,834.26 feet** |
| Last year's level **86.38 feet** | Last year's level **2,265.75 feet** | Last year's level **2,827.86 feet** |
| Yesterday's level **106.48 feet** | Yesterday's level **2,270.49 feet** | Yesterday's level **2,834.30 feet** |
| Today's Inflow **113 cusecs** | Today's Inflow **93 cusecs** | Today's Inflow **84 cusecs** |
| Today's Outflow **4,130 cusecs** | Today's Outflow **500 cusecs** | Today's Outflow **100 cusecs** |

## REALLY...?

- ***Sea cucumbers breathe through a respiratory tree.***
- ***The respiratory tree lies inside the body on either side of the intestine and connects to the cloaca. The sea cucumber breathes by drawing oxygenated water in through the anus.***
- ***The water goes into the respiratory tree and oxygen is transferred into the fluids within the body cavity.***
- ***Sea cucumbers are found from shallow tide pools to deep sea. They are edible.***

## LAUGHTER THE BEST MEDICINE

***Husband:*** *Why is it that women always say, "I'll be read in two seconds?"*

***Wife:*** *"Humph! and why is it that men always say, Oh, I'm ready now?!"*

## TODAY'S CURRENCY RATE

| | |
|---|---|
| 1 US Dollar | = **Rs. 85.84** |
| 1 UK Pound | = **Rs. 111.04** |
| 1 UAE Dirham | = **Rs. 23.37** |
| 1 Euro | = **Rs. 92.58** |

## VOICE OF THE READER

# Hats off to the courier woman... but let her not risk her life sans a helmet

Sir,

Hats off to M.T. Yogesh Kumar for his special write-up about Anu and her son riding a scooter ***(International Women's Day Special — Courier of Courage)*** in *Star of Mysore* dated Mar. 23.

If Anu had worn a helmet and put a small helmet on her son's head, the photograph would have been a good picture. Hope, the Police will not penalise Anu for this lapse.

Perhaps, while taking the photographs, your photographer might have asked Anu to stop the vehicle and remove the helmet. All my appreciation to Anu for being so brave to lead a male-dominated life.

**—M.S. Vijayashankar**

Lakshmipuram
25.3.2025

II

Sir,

This is with reference to the full-page article titled ***'Courier of Courage'*** in *SOM* dated Mar. 23.

While appreciating the efforts of Anu in supporting her family, I am aghast to find her riding a two-wheeler with a heavy courier bag on her back and a toddler on her lap without adhering to any safety norms.

With crazy traffic on Mysuru roads where people drive like headless chickens with scant respect for traffic rules, it is the most dangerous act of Anu to ride with her child in front.

Any distraction by her or the child can cause unimaginable accidents. And it is against law to carry a baby on the lap while driving a vehicle, either car or two-wheeler.

While all my sympathies and best wishes are with Anu, this is not the way of earning a livelihood risking her life as well as her child's.

**—S. Sekar**

Agrahara, Mysuru
23.3.2025

III

Sir,

The special write-up ***'Courier of Courage'*** is such a wonderful story of women's empowerment and motherhood. I commend this lady.

But at the same time, I can't stay silent on the safety issue: She is not wearing a helmet. Her child too is not safe in the front.

This is not the first time I am seeing a small child either in the front or on the back seat of an adult on a two-wheeler, both parties without a helmet. Some children are big enough to wear a helmet.

We do not have any rule or manufacturer who makes helmets for children of different ages.

But if the Government passes a law that children of all ages must wear a helmet if they have to travel on a two-wheeler (this includes helmets for cyclists), the manufacturers may consider it.

**—George Rego**

Mysuru
23.3.2025

**NOTE**: *While **Star of Mysore** appreciates the concern expressed by its readers towards Anu and her toddler son riding a two-wheeler sans helmets, we would like to clarify that Anu indeed wears a helmet while riding her scooter but had taken off briefly to pose for the photographer. As a concerned newspaper, **Star of Mysore** does not encourage helmetless riding.* **—Ed**

# Two-day Yukti 2K25 at VTU tomorrow

Mysuru, Mar. 26 - Yukti 2K25, a two-day cultural fest organised by Visvesvaraya Technological University (VTU) Regional Centre will be held from tomorrow at its premises on Ring Road, Hanchya-Sathagalli Layout, Mysuru. More than 600 students from 60 engineering colleges will be taking part in various events — art, music, dance and technoma. VTU Vice-Chancellor Dr. S. Vidyashankar will inaugurate the fest tomorrow at 10 am. A musical evening by singers Rajesh Krishnan and Dr. Shamitha Malnad has been organised at 5.30 pm. Prizes will be distributed during valedictory at 5 pm on Mar. 28, according to VTU Regional Director Dr. Hema Patil.

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The Institution Of Engineers (Auditorium Hall), Jhansi Lakshmibai Road - 5

BREAKING NEWS
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LADIES, GENTS AND CHILDREN'S READYMADE GARMENTS
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First Time in history of Mysuru, The company which supplies Branded Readymade Garments to 1000 of shopping malls, now directly sale upto 90% off on Gents, Ladies, kids wear & fancy Sarees at Hotel Pai Vista in Mysore.
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INDIAN TERRAIN
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IZOD
HIGHLANDER
BEAT LONDON BY PEPE JEANS
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INTERNATIONAL WOMEN'S DAY SPECIAL...

# Moving Mountains

**Sixty-six-year-old Shamala Padmanabhan is the only Mysurean to be part of the Fit@50+ Women's Trans Himalayan Expedition 2022. This extraordinary expedition, led by legendary mountaineer Bachendri Pal, covered 4,977 kms, crossed 37 high passes and spanned 141 days, stretching from the Eastern to the Western Himalayas.**

**Shamala also completed Siachen Glacier Trek in 2024. It was a testament to grit, resilience and the boundless spirit of womanhood. As part of the month-long International Women's Day, *Star of Mysore* traces Shamala's inspiring journey that redefines age and adventure.** —Excerpts

**By B.N. Ramya**

***Star of Mysore (SOM): What sparked your interest in adventure?***

**Shamala:** It began at Maharani's College, where I joined the NCC and attended a rock climbing course organised by School of Adventure (now inactive), affiliated to National Adventure Foundation, at Chamundi Hill in 1976-77. Trekking was rare in Mysuru back then, but our group of 8-10 regularly trekked. We also walked from Mysuru to Calicut in 12-13 days. Chamundi Hill was our training ground. We conducted basic rock-climbing courses for bank employees and NCC students behind Nandi Statue, where the rocks are ideal for rappelling.

***SOM: How did your family support your passion?***

**Shamala:** My father, Padmanabhan, was a Purohith and a Sanskrit College Professor, while my mother, Sharada, was a home-maker. Growing up with seven sisters and three brothers, being the youngest gave me the freedom to pursue my dreams.

***SOM: What drew you to mountaineering courses?***

**Shamala:** Inspired by Dr. C.P. Ravichandra, a retired English Professor and a mountaineer trained at the Himalayan Mountaineering Institute (HMI) in Darjeeling, I embarked on my mountaineering journey. I pursued the Basic Mountaineering Course at HMI in 1981, supported by a scholarship from the Indian Mountaineering Foundation (IMF).

We trained on the Tenzing Rock, which felt like child's play to me. After seven days of basic training and rope knot practice, we embarked on a seven-day trek to Pelling. At Chowrikhang, we honed our snow and ice craft skills and summited B.C. Roy Peak (17,800 ft.), earning me an A grade.

I received another IMF scholarship for the Advanced Mountaineering Course, where I climbed the then-unclimbed 'Virgin Peak', now known as Khangla Khang (18,348 ft.). In 1986, the Rotary Mysore sponsored my second advanced course. With support from my Economics Professor, Rtn. Madaiah, I trained at the Western Himalayan Mountaineering Institute in Manali (now the Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports) and successfully summited Deo Tibba.

***SOM: Did you train IPS probationers in rock climbing?***

**Shamala:** Between 1986 and 1992, while in Mysuru, I collaborated with Govindaraju of the Deccan Mountaineering League. I trained six batches of IPS probationers in rock climbing. Praveen Sood, former Mysuru City Police Commissioner, was part of the 1987 batch. After their training in Mussoorie, IPS officers were sent to Hyderabad for a rock climbing course. I also served as a Liaison Officer for foreign mountaineers.

***SOM: How did you balance your career and passion?***

**Shamala:** After 1987, my career took precedence. I moved to Bengaluru, worked with *Deccan Herald* and later joined Mount Carmel College but I continued trekking. Later, I received a Fulbright Scholarship to pursue an MS in Communication Technology at Syracuse University, New York. This aid included travel grants and I explored.

After returning to India, I joined TATA in Bengaluru and later moved to Trivandrum corporate training centre. In 2004, I relocated to Mumbai. I participated in treks through the Maitree Club. I also visited Jamshedpur and met the legendary Bachendri Pal — a fitting encounter that came full circle years later when I joined her Trans Himalayas.

*All women team marching towards Lamkhaga during Trans Himalayan Expedition 2022.*

***SOM: How was it rubbing shoulders with Bachendri Pal?***

**Shamala:** I first met her during a pre-Everest expedition to Mt. Kamet in 1991 where she led a 19-member all-women team. After joining TATA, I was keen to reconnect with her, which I did in 2004 when she was heading Tata Steel Adventure Foundation (TSAF). In 2016, I trekked with Bachendri Pal to Siyari Top (11,862 ft.); in 2019, I was part of Everest Base Camp and in 2022, I joined her in Fit@50+ Women's Trans Himalayan Expedition.

***SOM: You turned a marathoner too.***

**Shamala:** In 2009, TATA introduced the 'Fit for Life' initiative, training employees for marathons. I began training in 2010 and completed my first half marathon in 2011. Between 2011 and 2020, I ran 10 half marathons in Mumbai and participated in several 10K races.

In 2012 and 2013, I ran the Amsterdam Half Marathon, followed by marathons in Leh Ladakh, Satara, Shimla, and Dursheet. In 2014, I was part of the organising team for the TCS New York City Marathon. I also participated in a 12-hour run in Mumbai, covering 55 km in the first year and 65 km in the second. Additionally, I completed an Ultra Marathon (35 km). Marathon training kept me agile and fit. In 2017, I trekked to Chandrakani Pass. In 2019, I joined the Everest Base Camp trek to celebrate the Women's Silver Jubilee Everest Ascent of 1993, led by Bachendri Pal.

**[Continued on Page - 9]**

# Rotary West launches 'Save A Child Project' extension programme

Mysuru, Mar. 26 (PM&BS)- Suttur Mutt Seer Sri Shivarathri Deshikendra Swamiji inaugurated the extension programme of 'Save a Child Project,' a key initiative of Rotary Club of Mysore West, at its auditorium in Saraswathipuram here yesterday, to protect the health of children from economically backward families. The project has so far benefited over 700 children, a pride the organisation holds in the realm of child health.

The project is a brainchild of Rtn. Sam Cherian, during his tenure as the President of Rotary Club of Mysore West in 2011-12. Since then, it has reached the beneficiaries with Rotarians, philanthropists and good hearted many, contributing for keeping the project afloat.

Addressing the gathering, Suttur Seer, who lauded the yeoman services rendered by Sam Cherian, said that, not many can be self-sustaining in life. The economic inequality is prevalent all over the world.

"It is normally assumed that, those in America have access to all the facilities, but there are people bereft of basic amenities in that country too," said Suttur Seer.

"Being wealthy without having a generous mind to help others won't bring prosperity. If we fail to part with the wealth blessed by the God, there comes a time when the wealth melts down. By reaching out to those in pain, we can also feel happy in life. Money alone should not be the reason for helping others, but we should inform about this project to affluent persons, as many will be willing to help others," said Suttur Seer.

"Instead of saying 'I donated,' one must feel noble to say that it was God who blesses me to give," said the Seer.

"It doesn't mean that, we should help others without caring to save the wealth for ourselves, but we should develop the attitude of helping others," appealed Suttur Seer.

The Seer said, a Senior Citizens' Cell has been opened at JSS Hospital, to respond to the woes of elderly citizens.

Dr. Sridevi Annapurna Singh, Director of Central Food Technological Research Institute (CFTRI), Mysuru, said she was reminded of a story she read on social media.

"A rich man who was depressed, found satisfaction by donating wheel chairs to the specially-abled children. When the wealthy man was leaving after donating the wheel chairs, a child hugs him, making the former realise, where one can find the real happiness. We should congratulate Sam Cherian for taking up this project that responds to the needs of the society," she said.

"Likewise, there is a need to focus on checking malnutrition in the country, with a population of over 200 million still suffering from hunger. Along with this, there is a rise in health issues, with the hospitals brimming with patients. We are happy to do our mite from CFTRI for the Child Project," she assured.

Chairman of 'Save A Child Project' Rtn. Sam Cherian described the day as important in his life, as he was driven by the urge to do something for the society, when he took over as the President of Rotary Club of Mysore West in 2011, and initiated the very project.

He recalled the cooperation of his good friend Dr. C. Umesh Kamath, Medical Superintendent of Kamakshi Hospital, in conceptualising the project.

Dr. Umesh Kamath explained about the features of the project.

Director of Siren India Pvt. Ltd., Hojun Takahashi, President of Rotary Club of Mysore West Rtn. M.L. Nagesh, Secretary Rtn. M. Devaraju, Director of Community Services Dr. Prathibha Pereira, former Vice-Chancellor of Rajiv Gandhi University, Arunachal Pradesh, Prof. K.C. Belliappa, industrialist Dr. M. Jagannath Shenoy and Managing Trustee of Kamakshi Hospital Mahesh Shenoy were present.

*Suttur Seer Sri Shivarathri Deshikendra Swamiji lighting the lamp to inaugurate the extension programme of 'Save A Child Project' at Rotary Club of Mysore West in Saraswathipuram yesterday as (from left) Siren India Pvt. Ltd. Director Hojun Takahashi, 'Save A Child Project' Chairman Rtn. Sam Cherian, CFTRI Director Dr. Sridevi Annapurna Singh, Rotary Club of Mysore West President Rtn. M.L. Nagesh, Secretary Rtn. M. Devaraju and Director of Community Services Dr. Prathibha Pereira look on.*

## Siren India Pvt. Ltd., donates Rs. 30.55 lakh under CSR

Siren India Pvt. Ltd., under its Corporate Social Responsibility (CSR) fund, donated Rs. 30.55 lakh to Save A Child Project, with the Director of the company, Hojun Takahashi, handing over the cheque to the office-bearers of Rotary Club of Mysore West. The Rotary West has plans to render more services to children under this health project, with the involvement of the hospitals and medical institutions in Mysuru and surrounding places.

# 11th Convocation Ceremony of St. Philomena's College

Mysuru, Mar. 26- The 11th Convocation Ceremony of St. Philomena's College, Bannimantap, was held at the College Indoor Stadium recently.

The event witnessed an august gathering of dignitaries, faculty, graduates and their families, celebrating the academic achievements of 589 graduates, comprising 406 undergraduates and 183 postgraduates. Among them, 45 exceptional students were honoured with gold medals for their outstanding performance.

The ceremony commenced with the lighting of the lamp by the dignitaries and an invocation hymn by the staff.

Dr. Ravi J.D. Saldanha, Principal, welcomed. Prof. Dr. Manpreet Singh Manna, Vice-Chancellor, Chandigarh University, delivered the convocation address. Prof. N.K. Lokanath, Vice-Chancellor, University of Mysore, was the chief guest. Most Rev. Dr. Bernard Moras, Apostolic Administrator of the Diocese of Mysore, presided over the ceremony. Other distinguished dignitaries included Rev. Msgr. Alfred John Mendonca (Vicar General, Diocese of Mysore) and Rev. Fr. Edward William Saldanha (Secretary, Mysore Diocesan Educational Society).

Dr. Saldanha expressed pride in the college's legacy of academic excellence and congratulated the graduates on their accomplishments.

The official opening of the Convocation was declared by Most Rev. Dr. Bernard Moras, who emphasised the significance of this academic milestone, urging the graduates to uphold values of honesty, integrity and service.

The chief guest, Prof. Dr. Manpreet Singh Manna, inspired the audience with his address, highlighting the importance of values and giving back to society. He shared anecdotes from his personal and professional journey, emphasising the lasting impact of education and cherished memories from one's alma mater.

Prof. Lokanath congratulated the graduates and commended the vibrant academic ecosystem at St. Philomena's College. He emphasised the role of higher education in transforming knowledge into wisdom and encouraged the graduates to contribute meaningfully to society.

In his presidential address, Most Rev. Dr. Bernard Moras underscored the importance of integrity, humility and service.

The ceremony concluded with the National Anthem and the academic procession, leaving a lasting impression on all attendees.

# Women Cops to ride solo

(Continued from page 1)

"In recent days, women have showcased their skills in various fields. It is also encouraging to see the increasing number of women joining the Police Department. The recruitment of young women with excellent educational qualifications reflects the youth's belief in the department and their eagerness to drive societal change," Dr. Boralingaiah said.

Lauding the State Government's decision to introduce two-wheeler training for women constables, he advised the trainees to also learn car driving in the future, as it would enhance their ability to respond effectively during emergencies.

He further stressed the importance of mastering driving, swimming, and climbing, describing them as essential survival skills that could help police personnel save lives during crises.

The DIGP also urged tech-savvy youth to join the Police force, highlighting their role in combating the growing menace of cybercrime across the State and country.

The two-wheeler training programme is the brainchild of Additional Director General of Police (ADGP-Training) Alok Kumar. As part of the initiative, all 257 women constable trainees, who have been undergoing various other Police training programmes since January, will now receive riding lessons on both geared and gearless two-wheelers.

Each day, 40 trainees will participate — 20 on geared and 20 on gearless vehicles — over 20 days. The Department plans to extend similar training to all Police Training Schools across the State. In the next phase, personnel will also be trained in car driving.

Beyond just being a skill, motorcycle riding is becoming a necessity in modern policing. Women officers, who previously had to rely on male colleagues for transportation, will now be able to respond swiftly to crime scenes, conduct independent patrols, and manage shift duties without logistical constraints.

Superintendent of Police N. Vishnuvardhana and Police Training School Principal M.S. Geetha were present at the launch.

# 20th Convocation of KSOU tomorrow

**Satish L. Jarkiholi, PWD Minister; C.M. Irfanulla Shariff, Chairman of Ideal Education Society, Chitradurga and Dr. Dakshayini S. Appa, Chairperson of Sharanabasveshwar Vidyavardhaka Sangha, Kalaburagi, to be conferred Honorary Doctorates**

*Satish L. Jarkiholi*

*Irfanulla Shariff*

*Dr. Dakshayini*

*Gehlot*

Mysuru, Mar. 26 (MTY&DM)- The 20th Convocation of Karnataka State Open University (KSOU) will take place at the KSOU Convocation Hall in Mukthagangothri campus on Hunsur Road here at 11 am tomorrow (Mar. 27).

Announcing this at a press meet at KSOU Guest House here this morning, KSOU Vice-Chancellor Prof. Sharanappa V. Halse said that Atul Kumar Tiwari, Secretary, Ministry of Skill Development and Entrepreneurship, Government of India, will deliver the Convocation Address. Karnataka Governor Thaawarchand Gehlot, who is also the KSOU Chancellor, will preside over the event in the presence of Minister of Higher Education and KSOU Pro-Chancellor Dr. M.C. Sudhakar.

Stating out that three personalities — Satish L. Jarkiholi, PWD Minister of Karnataka, C.M. Irfanulla Shariff, Chairman of Ideal Education Society, Chitradurga and Dr. Dakshayini S. Appa, Chairperson of Sharanabasveshwar Vidyavardhaka Sangha, Kalaburagi — will be presented Honorary Doctorate degrees, Prof. Halse said that Ph.D degrees will be awarded to 41 candidates (24 men and 17 women) on the occasion.

Continuing, Prof. Halse said that as many as 17,348 (6,402 men and 10,946 women) candidates will be awarded Degree and Post-Graduate degrees. Also, as many as 54 Gold Medals and 58 cash prizes will be distributed to toppers in different subjects, he added.

KSOU Registrar (Evaluation) Dr. H. Vishwanath and Registrar Prof. K.B. Praveen were present at the press meet.

# Retired employees stage demonstration

Mysuru, Mar. 26 (GA&DM)- Seeking a hike in minimum pension, retired employees, under the banner of EPS-95 Rashtriya Horata Samiti staged a demonstration in front of EPF office at Gayathripuram in city yesterday.

Addressing the protestors, Samiti President Shadakshari said that 'About 78 lakh EPS-95 pensioners in the country have been fighting continuously for the past 9 years seeking fulfilment of their just demands. But the Government is yet to respond to their demands till now. The demands included hiking minimum pension to Rs.7,500, medical facilities etc., The Samiti deferred its demonstrations many number of times based on the assurances of the Union Labour and Employment Minister. But still, their demands remain unaddressed".

Stating that the Union Minister for Labour and Employment Mansukh Mandaviya has been positive to our demands, Shadakshari said, however, it is unfortunate that the special CBT meeting has not taken place at all for hiking pension.

Noting that though the Supreme Court had ordered a higher pension based on the actual salary two years ago, it is unfortunate that pensioners have been deprived of higher pensions under various pretexts.

## Santoshakke Haadu Santoshakke...

*Shankar Nag*

Mysuru, Mar. 26- City-based Jana Chaitanya Foundation will be organising 'Santoshakke Haadu Santoshakke', a musical programme as a tribute to late actor Shankar Nag tomorrow (Mar. 27) at Nadabrahma Sangeetha Sabha on JLB Road at 4.30 pm.

About 40 popular movie songs in Kannada, Telugu, Tamil and Malayalam will be rendered at the programme.

Karnataka Sugama Sangeetha Parishat, Mysuru District President Dr. Nagaraj V. Bairy and senior journalist Amshi Prasanna Kumar will be honoured with 'Chaitanya Rathna' and 'Madhyama Chaitanya Rathna' awards on the occasion, according to Foundation President R. Lakshman.

## Mysore Export Centre Project

# Chief Secretary directs KIADB to resume work; act against delay

*Dr. Shalini*

Mysuru, Mar. 26 (BCT)- Karnataka Chief Secretary Dr. Shalini Rajneesh has directed the Karnataka Industrial Areas Development Board (KIADB) to take immediate steps to resume the long-stalled construction of the Mysore Export Centre at Hebbal Industrial Area, which has been in limbo for 17 years.

Her directive comes in response to *Star of Mysore* report titled, *'17-year Limbo! Mysore Export Centre building incomplete since 2008'* published on Mar. 25.

In a letter to the Principal Secretary of the Department of Industries and Commerce, with copies marked to the CEO of KIADB and the President of Mysore Industries Association, Dr. Shalini Rajneesh highlighted that the Mysore Export Centre construction project, undertaken by KIADB, was awarded to contractors in 2019, with work officially commencing the same year.

Despite contractors being paid Rs. 1.68 crore, the project, originally slated for completion by 2020, remains unfinished. The deadline was later extended to 2021, yet the work still drags on. Dr. Shalini Rajneesh regretted that even after five years, the project remains incomplete.

The construction contract was terminated in 2024, prompting KIADB to initiate a new tendering process. However, the previous contractors obtained a Court stay order, halting further progress and leaving the partially built structure in a dilapidated state.

In a letter dated Mar. 23, 2025, the Mysore Industries Association expressed its willingness to take over and complete the construction. The Association has urged the KIADB to act immediately and issue necessary directives to resume the project.

Dr. Rajneesh has called for disciplinary action against those responsible for the delay, lifting of the Court stay order, and swift action in line with the Mysore Industries Association's request.

# Water Wasted !

(Continued from page 1)

**Investigation underway**

A probe has been ordered by CNNL higher officials to determine whether Gate 5 (at 80+ level) was deliberately opened or if it was an accident. A report has also been submitted to the State Government, CNNL Superintending Engineer Raghupathi confirmed to *Star of Mysore*.

According to statistics, 11,574 cusecs of water equals 1 tmcft (thousand million cubic feet). If 4,000 cusecs are released daily for 3 days, it amounts to 1 tmcft. Typically, the Dam releases 0.35 tmcft daily for irrigation and drinking water purposes. However, between Mar. 23 and 24, 0.43 tmcft was released — 0.082 tmcft more than the regular discharge.

Raghupathi confirmed that the loss of around 1,000 cusecs of water due to the accidental discharge will be compensated by blocking water release at check dams downstream. **However, the data from Mettur Dam in Tamil Nadu shows that from 8 am on Mar. 24 to 8 am on Mar. 26, it received an excess inflow of 500 cusecs.**

Notably, despite extensive modernisation efforts, the KRS Dam still faced this lapse. Under the Dam Rehabilitation and Improvement Project (DRIP), 136 crest gates of the KRS Dam were replaced with financial support from the Centre and the World Bank, which provided Rs. 69.52 crore in aid.

## Excess water flow from KRS Dam estimated at 1,500 cusecs

Mysuru, Mar. 26 (AG&BCT)- On Mar. 23, the KRS Dam had a storage of 29.112 tmcft, which was reduced to 28.330 tmcft by March 25 — indicating an outflow of 0.782 tmcft over two days.

Of this, approximately 0.2 tmcft is released daily into the canals, amounting to 0.4 tmcft over two days. Additionally, around 0.15 tmcft is released daily into the river, including for Bengaluru's drinking water needs, totalling 0.3 tmcft over the same period. This brings the cumulative planned outflow to 0.7 tmcft over the two days.

However, the actual outflow was 0.782 tmcft, resulting in an excess flow of 0.082 tmcft as Gate 5 (at 80+ level) remained open. This translates to roughly 1,000 cusecs, but considering the prolonged discharge, officials estimate the excess flow to be around 1,500 cusecs.

**Farmers allege manipulation**

Meanwhile, farmers have alleged that the gates of the KRS Dam were deliberately manipulated during the night to divert water to Tamil Nadu.

They claim a significant amount of water — approximately 5,000 cusecs — was released under the pretence of technical faults.

Last June, heavy rainfall in the Cauvery catchment area brought the KRS Dam to full capacity. The Government had assured that water would be distributed in a regulated manner to support summer crops.

However, incidents like this have left farmers questioning the security of their future agricultural plans if such unregulated water releases continue.

Yet, Gate 5 (at 80+ level) remained open for over 20 hours without the officials' knowledge, raising concerns over the effectiveness of the modernisation.

**Storage capacity**

On Mar. 26 (today), the storage capacity of the Dam stood at 27.970 tmcft (106.09), against its maximum capacity of 49.452 tmcft (124.80 ft). However, only 19.591 tmcft is classified as live storage, while the rest is dead storage. When asked about the current water level and its ability to meet the drinking water needs of Mysuru and Bengaluru for the next two months (April and May) until the monsoon, Raghupathi assured that from Apr. 1, water release for irrigation will be in batches, based on the requirement.

The remaining supply, he said, would be suffice until monsoon, which may arrive early this year.

# 'Yoga Stops Traffick' in city on Mar. 29

Mysuru, Mar. 26 (MTY&BS)- 'Yoga Stops Traffick,' an international yoga programme, has been organised by city-based NGO Odanadi Seva Samsthe, on Mar. 29 at 7 am in front of Kote Anjaneyaswamy Temple.

Stanley and Parashu, Founders of the NGO, addressing media persons at Pathrakarthara Bhavan in city yesterday, said that the yoga event is organised to create awareness about human trafficking and sexual harassment.

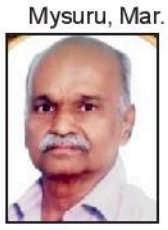
Representatives of various organisations and yoga enthusiasts will be performing Surya Namaskara, for the good of the country. Three natives of London will be taking part in the event.

MLC A.H. Vishwanath, DCP (Crime and Traffic) S. Jahnavi, Charity Trustee of Odanadi Adventure Ashram Garry Stiven, Dr. B.C. Murthy of Mysore Yoga Federation, volunteers, school and college students, representatives of Yoga Schools, inmates of Odanadi will be participating in the event.

## Obituary

**M.S. Sridhar**

Mysuru, Mar. 26 - M.S. Sridhar (79), a resident of Thyagaraja Road, passed away this morning in city.



He leaves behind his wife L.C. Sathyabhama, sons M.S. Raghuram, M.S. Narendranath and M.S. Sunil Kumar and a host of relatives and friends.

Last rites will be performed tomorrow (Mar. 27) at 12.15 pm at the foot of Chamundi Hill.


**AFFIDAVIT**

I, **Srinath Krishna Rao**, S/o. Krishna Rao aged 64 years, resident of # 57, 3rd Main Road, Bogadi 2nd Stage (North) Mysore-570026 do hereby solemnly state on oath that my name in previous records occurred in variations **K.Srinath, K. Sreenath** & that my name as per my Aadhar and current passport is **Srinath Krishna Rao.** Hence I Affirm that all the above variant names belong to me and I have sworn the affidavit before Notary Rajeshwari vide affidavit dated 25.3.2025.

**Sd/-Srinath Krishna Rao**



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## Online fraud

# Retired official loses Rs. 2.98 crore

Mysuru, Mar. 26 (SBD&KS)- Online fraudsters, who lured a retired official into online trading, have cheated him to the tune of Rs. 2.98 crore.

The retired official, who was cheated, is 61-year-old Suresh (name changed), a resident of BEML Layout in Rajarajeshwari Nagar 2nd Stage in city.

Suresh, who was browsing his Facebook page in January, came across an advertisement pertaining to online trading and clicked on the link given below and his mobile was immediately added to the WhatsApp group of Barclays and Share Khan Edge.

Suresh then began to go through the information being shared in the WhatsApp group and sought information regarding investment.

The fraudsters, who came to know that Suresh was interested to invest money, sent him a website link and instructed him to open an account. Suresh then clicked on the link and opened two accounts in Barclays and Share Khan Edge's two websites.

Initially, Suresh invested Rs. 90,000 in Barkleys trading account and Rs. 25,000 in Share Khan trading account for which Suresh was paid Rs. 14,791 and Rs. 2,300 as profit.

Assuming that he could earn huge profit in a short period of time, Suresh invested a total of Rs. 2,98,18,838 in phases.

After a few days, Suresh tried to withdraw the profit for which he was told to deposit 20 percent of the profit as tax. Suresh then informed that he did not have money and asked to give the profit so that he could pay the tax immediately.

Suresh again tried to withdraw the profit but his request was rejected. Learning that he had been cheated, Suresh lodged a complaint at city's CEN Crime Police Station.

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## NEWS BRIEFS

### Power disruption tomorrow

As Karnataka Power Transmission Corporation Limited (KPTCL) has taken up its 4th quarterly maintenance works at Bannur Power Distribution Centre, power supply will be disrupted tomorrow (Mar. 27) between 10 am and 5 pm in the following areas: Bannur Town, Kodagalli, Beesihalli, Heggur, Attalli, Kethupura, Rangasamudra villages and Gram Panchayat limits, according to the Executive Engineer, Chamundeshwari Electricity Supply Corporation (CESC), Nanjangud Division.

### Shaneshwara Mahayaga

As part of Amavasya (New Moon Day), a special Shaneshwara Mahayaga ritual will be performed at Sri Kalyanalakshmi Venkataramanaswamy Temple in Kalyanagiri of the city at 9.30 am on Mar. 29 to pray for global well-being. For details, contact Mob: 94486-14297, according to a press release.

### IPL 2025

**TODAY'S MATCH MAR. 26**

**RR** Vs **KKR**
Barsapara Stadium, Guwahati, Assam
**7.30 pm**

**TOMORROW'S MATCH MAR. 27**

**SRH** Vs **LSG**
Rajiv Gandhi International Stadium, Hyderabad
**7.30 pm**

**YESTERDAY'S RESULT**

**PBKS** 243/5 (20 overs)
BEAT
**GT** 232/5 (20 overs)

Live telecast on:
**Star Sports Network & JioHotstar**

# Gym trainer killed, 4 injured in separate road accidents

Mysuru, Mar. 26 (BLU&KS)- In three separate road accidents, a gym trainer lost his life, while four others, including a girl, sustained injuries in Mysuru.

Karthik (27), a gym trainer and resident of Gokulam, was killed when a KSRTC bus rammed into his bike at the Hunsur Road-Valmiki Road Junction yesterday.

According to eyewitnesses, Karthik was speeding down Hunsur Road from Kalamandira and attempted a turn onto Valmiki Road when the bus struck his bike from behind.

The impact caused Karthik to skid for nearly 10 feet, resulting in severe head injuries as he was not wearing a helmet. Though passersby called for an ambulance, he succumbed to his injuries before it arrived. A case has been registered at V.V. Puram Traffic Police Station.

*The pathetic state of Vishwamanava Double Road in city.*

In the second incident on Vishwamanava Double Road in Kuvempunagar, a girl was injured when a bike collided with the scooter she was riding with her mother on the pillion.

The accident occurred near a trench dug by the Mysuru City Corporation (MCC) for pipe-laying work, which had not been properly covered.

Unable to spot the trench from a distance, the girl veered left in shock upon seeing it and abruptly stopped the scooter. This sudden move led to a bike rider crashing into the scooter, causing both the girl and her mother to fall. The girl sustained serious injuries and was admitted to a hospital.

In the third case, 31-year-old Sowmya, a KSRTC employee, suffered serious leg injuries when a speeding bullet bike hit her scooter near Moulana Abul Kalam Circle (Highway Circle) at Bannimantap.

After completing her day's work, Sowmya was riding home to Bogadi from the KSRTC Depot in Bannimantap when the accident occurred. Near the Highway Circle, the bike rider, speeding recklessly, collided with her scooter, causing her to fall and sustain severe leg injuries.

The bike rider also sustained minor injuries and was treated as an outpatient. Narasimharaja Traffic Police have registered a case.

# Woman returning from daughter's death ceremony killed with another daughter

## Speeding KSRTC bus hits passenger vehicle, bike; 11 persons sustain serious injuries

Kollegal, Mar. 26 (KS)- In a tragic accident near Siddaiahanapura village near Kollegal yesterday, a woman and her daughter were killed, while 11 others sustained serious injuries after a KSRTC bus rammed into a passenger vehicle.

The accident occurred when the passenger vehicle (Ace) (KA-41-7524), heading from Kurubanakatte towards Banuru, was hit by a KSRTC bus (KA-45-F-0032), which also collided with a bike (KA-10-Q-5404).

The deceased have been identified as Rajamma (52), a native of Banuru, currently residing in Bengaluru, and her daughter Shruthi. Rajamma died on the spot, while Shruthi succumbed to her injuries at the hospital.

Among those with minor injuries are Sannamma, Mahadevu, and KSRTC bus driver Rajashekar, who are being treated at the Government Hospital in the town.

The 11 passengers who suffered serious injuries and were admitted to CIMS Hospital in Chamarajanagar include Rathnamma, Mallanna, Harshitha, Lingaraju, Sudha, Ramesh, Madesh, Lingaraju, and the passenger vehicle driver Prakash.

It is learned that Rajamma and her family were returning from Kurubanakatte after performing the 11th-day death ceremony rituals of her daughter Asha, who had died by suicide 11 days ago.

The family was en route to Banuru when the fatal accident occurred, claiming Rajamma and Shruthi's lives and leaving 11 others seriously injured.

# Two sentenced to seven years jail for murder

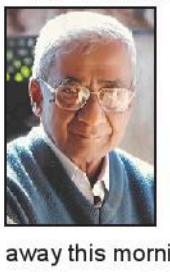
Mysuru, Mar. 26 (RK&TRR)- City's Fifth Additional District and Sessions Court has sentenced two persons to seven years jail after they were found guilty of murdering a man over land dispute.

Those sentenced to jail are Srinivasamurthy and Revanna. The victim is Kuntegowda. Srinivasamurthy and Revanna had sites on the land purchased by Kuntegowda and used to frequently quarrel with Kuntegowda saying that the land belonged to them. On Nov. 22, 2013, they dragged Kuntegowda to the land beelonging to one Gayathri where they strangulated him to death.

The then T. Narasipur Inspector M. Mahesh Kumar, who had registered a case, investigated and had submitted a chargesheet to the Court. Judge Gururaj Somakkalavar, who heard the arguments, found Srinivasamurthy and Revanna guilty and sentenced them to seven years rigorous imprisonment. Public Prosecutor B.E. Yogeshwara argued on behalf of the Government.

## Obituary

**T.C. Vasantharaja Urs**

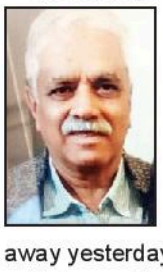


Mysuru, Mar. 26 - T.C. Vasantharaja Urs (88), retired Deputy Director of Karnataka PU Board and a resident of Jayalakshmipuram, passed away this morning in city.

He leaves behind his wife S.V. Sarala, two sons, one daughter and a host of relatives and friends.

Last rites will be held at his native place Bettadatunga in Periyapatna taluk tomorrow (Mar. 27).

**Chaluvaraje Urs**



Chaluvaraje Urs (69), retired Commercial Tax Department Officer and a resident of Rabindranath Tagore (R.T.) Nagar, passed away yesterday in city.

He leaves behind his wife, one daughter and a host of relatives and friends.

Last rites were held this afternoon in city, according to family sources.

# Agastya: The Unifier

## A book on the sage who bridged wisdom, warfare and worlds

*Agastya: The Unifier*, a book co-authored by Dr. M.N. Sudha and O. Shama Bhat will be released at a programme to be held at JSS College of Arts, Science and Commerce on Ooty Road in Mysuru today (Mar. 26) at 6.15 pm under the joint aegis of Sri Bramharshi Agastya Lopamudra Jnana Peeta, Mysuru and Ayodhya Publications, Bengaluru.

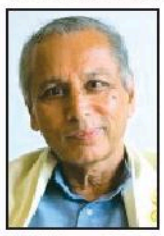
Suttur Mutt Seer Sri Shivarathri Deshikendra Swamiji, Avadhoota Datta Peetham Junior Pontiff Sri Datta Vijayananda Theertha Swamiji and Mata Amritanandamayi Mutt's Brahmachari Prasadamirita Chaitanya will grace the occasion. *Star of Mysore* and *Mysuru Mithra* Founder-Editor Dr. K.B. Ganapathy will be the chief guest. President of Mythic Society, Bengaluru, V. Nagaraj will preside. Below is a review of the book.

Dr. M.N. Sudha

O. Shama Bhat

**By H.V. Nagaraja Rao**

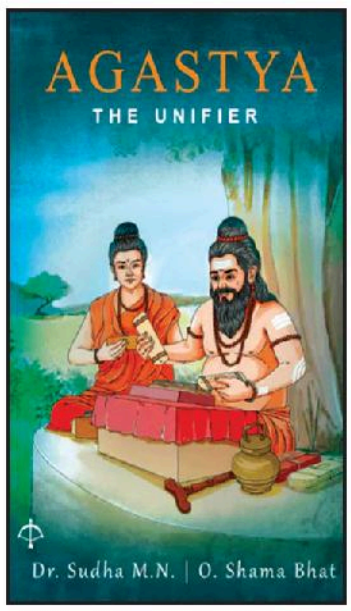
Among the Seers of ancient India who enriched the Vedic literature, Agastya's name shines brightly just like the star named Agastya in the southern firmament. His voyage from the North to the South is told and retold in the Ramayana and the Mahabharata, the national epics of our country as well as in various Puranas. In the Tamil region too, Agastya is venerated as a grammarian, healer, gemmologist and so on. He is associated with numerous sacred places and holy temples.



H.V. Nagaraja Rao

Dr. M.N. Sudha, a senior consultant specialising in Ayurveda and Yogic Science and O. Shama Bhat, an eminent advocate of Mysuru, have presented ***Agastya: The Unifier,*** a treatise which is informative and illuminating. It highlights the spectacular contributions of Agastya to literature, science of medicine and linguistics in addition to martial art. Besides all this, he was a unifier of our land in antiquity and deserves the respect of all Indians. The authors have made an in-depth study of the vast material available in various sources and their work is a yeoman service to the realm of knowledge. Many other Rishis and Munis have immensely contributed to our culture and literature and each one deserves to be studied thoroughly.

It is claimed in the book that Agastya had invented electricity, oxygen and hydrogen (PP 185); some shlokas of Agastya Samhita are quoted to support this claim. It is also said that Dr. Kokatnur presented these findings in a convention in the USA and the chemists who had assembled there were surprised. In the ancient Sanskrit texts, oxygen is called *pranavayu* and hydrogen *udanavayu*. Had science developed so much in India so long ago? What is the opinion of our modern scientists in this regard?




**Title :** Agastya: The Unifier
**Authors :** Dr. M.N. Sudha & O. Shama Bhat
**Year :** 2025
**Pages :** 372
**Price :** Rs. 399
**Publisher :** Ayodhya Publications

Researches made by the authors of this book have shown that Agastya Muni had travelled all over India and had crossed the sea to visit Malaysia. Sacred spots related to Agastya are seen even today in many places. They have been meticulously listed in this book with photographs.

Historians may be interested in the section entitled 'Agastya as a Rajaguru.' It is claimed that he was the Rajaguru of Pandyas, Cholas and Cheras. Is it possible for one person to be the Royal Priest of three Royal Families? The authors say that Agastya was their priest during the *Dwaparayuga*. Is it possible for the same person to be alive in two or more yugas?

Agastya is called *Kumbha Sambhava* which means that he was a test tube baby. Many such incidents are recorded in the Puranas. Had medical science developed so much in our country in those days? 'Yes' say the authors. It is a subject to be discussed by experts.

Agastya was a great scholar and author in Tamil and hundreds of works are ascribed to him. The authors provide a long list of his works both in Tamil and Sanskrit. It is also stated that he presided over seminars and conferences of the Sangam period. The present book contains so much material that it is not possible even to give a satisfactory bird's eye view of all the subjects dealt with in this review.

The star Canopus which, according to modern astronomy, is much bigger and brighter than the Sun, is named after Agastya in India. The authors say that sage Agastya saw this star after crossing the Vindya Mountain in about 4,000-5,000 BC (P 356). If the same Agastya composed the hymns of the first Mandala of the Rigveda and presided over the Sangam conferences, how long did he live? As an Ayurvedic doctor, does Dr. Sudha believe that human beings live for thousands of years? Or, is there any other explanation of this phenomenon?

In short, *Agastya: The Unifier* is a veritable source book on ancient Indian culture in general and on Agastya in particular. It not only gives a lot of valuable information, but also produces interest in understanding the achievements of our ancestors. Insights of the authors are evident in every section and they deserve unreserved appreciation of the lovers of Indian culture ▪

# Moving Mountains

Shamala Padmanabhan with legendary mountaineer Bachendri Pal.

[Continued from Page - 4]

***SOM: Post-retirement, how did you pursue your passion?***

**Shamala:** I retired in 2019 and soon COVID-19 struck. In October-November 2020, Bachendri Pal called me, concerned about deteriorating health of women during pandemic. She wanted to initiate something under PM Modi's 'Fit India' movement.

She later proposed the Trans Himalayan Expedition with the Centre and a 12-member team was formed, comprising women from the 1991 expedition and a few new members. The oldest were 69-year-old Vasumathi Srinivasan from Bengaluru and Bachendri Pal, while the youngest was 53. I was 64.

I practised on Chamundi Hill, carrying a 5 kg weighted vest and a backpack filled with old books and newspapers, covering 15-20 km daily. In August-September 2021, we did Dodital Darwa Pass trek in preparation to Fit@50+ Women's Trans Himalayan Expedition which was launched on March 8, 2022.

***SOM: How do you describe Trans Himalayan Expedition?***

**Shamala:** 'Romancing with Uncertainty' best describes our 141-day expedition. Online maps were unreliable as what existed one day vanished the next, forcing us to rely on local guidance. Indian Army frequently rerouted us due to militancy.

The first month was the toughest. We had breakfast at 4.30 am, packed lunch, and hit the trail by 5.30 am. We travelled with horses, mules, donkeys, and sometimes human porters.

We slept in chicken farms, abandoned buildings and school verandas. In Nepal's Singri, we even stayed in a graveyard. Only time the 11 women argued was over toilet access — otherwise, we were accommodating despite our diverse backgrounds.

***SOM: Gruelling stretches?***

**Shamala:** Annapurna Circuit trek was particularly gruelling. We started at 2.30 am to summit Thorong La Pass, covering 13.5 hours, a day's longest trek. On average, we covered 20-25 km daily, though in the mountains, it was about hours, not distance.

We helped each other through physical and mental challenges and after exhausting treks, we still had to pitch our tents before 4 pm to avoid strong winds and biting cold. With no toilet breaks on some routes, we endured leeches and other discomforts.

On July 5, while crossing Lamkhaga Pass, Bimla Deoskar slipped and broke her leg. With no helicopter rescue possible, TSAF staff, Indian Army and porters safely brought her down. She was flown to Nagpur for surgery but remarkably rejoined us on July 26 in Dras, Kargil, completing the expedition. After 141 days of grit and determination, we completed the expedition, leaving behind a lasting legacy of strength and resilience.

***SOM: Lessons learnt from the mountains?***

**Shamala:** Living in mountains teaches you to embrace minimalism. Despite many of us dealing with blood pressure and knee pain, none of us fell sick. The experience made us mentally resilient. I've stopped complaining about trivial matters.

***SOM: Your fitness routine?***

**Shamala:** I wake up at 5.45 am and go for walk with my sister. Once a week, I run and four days a week, I walk or jog 10 kms. I have a personal trainer and do yoga and strength training, focusing on isometric bodyweight exercises. Every 10 days, I cycle for 10 kms. In summer, we enjoy swimming. I'm also passionate about Karnatak music and never miss major concerts.

***SOM: Your message...***

**Shamala:** Fitness and wellness should be integral to everyone's life, especially for women, who experience significant physical changes due to childbirth and menopause. Women over 40 must prioritise 'me time.'

## WORD OF THE DAY

### Imperturbable

**Pronunciation:** im-per-TER-buh-bul (adjective).
**Meaning:** Imperturbable describes someone or something marked by extreme calm; such a person or thing is very hard to disturb or upset.
**Origin:** Imperturbable is a bit of a mouthful, but don't let its five syllables perturb you. Instead, let us break it down: this word, as well as its antonym perturbable, comes from the Latin verb perturbare, meaning "to agitate, trouble, or throw into confusion." Perturbare comes in turn from the combination of per-, meaning "thoroughly," and turbare, meaning "to disturb"; unsurprisingly perturbare is also the source of the English verb perturb. Other perturbare descendants include disturb ("to destroy the tranquility or composure of") and turbid ("thick or opaque with or as if with roiled sediment").
**Example:** "The thick heat is not letting up after a long stretch of nearly-90-degree-days, though the crowd has not seemed to notice. Instead, these thousands of people emanate a truly imperturbable energy as they get to see gospel legend Mavis Staples for free." — David Cohn, The Daily Californian (UC Berkeley), 13 Oct. 2024.

## THE ODD WORD

### Idiorhythmic

Self-regulating.

## PHRASE OF THE DAY

### Idle hands are the devil's tools

**Meaning:** The term means a bored person is more likely to find mischief. (This saying is also seen as "idle hands are the devil's workshop" or "idle hands are the devil's playground.").
**Origin:** This proverb originates from the Bible (Book of Proverbs, Chapter 16, Verse 27), but the words we use today are a distant translation from the early versions. An ungodly man diggeth up evil (King James version, 1611). Fac et aliquid operis, ut semper te diabolus inveniat occupatum (writings of St. Jerome form the 4th century)
(This translates as "Engage in some occupation, so that the devil may always find you busy." It is assumed that St. Jerome took this from Proverbs 16:27.) In 1971, The Living Bible's translation of Proverbs 16:27 is the earliest version that closely matches today's wording: Idle hands are the devil's workshop (The literal translation in the The Living Bible is given as "A worthless man devises mischief.")
**Example:** The unemployed youngsters who hang around the park have robbed the corner shop again. Idle hands are the devil's tools.

## QUOTE BOX

To the man who only has a hammer, everything he encounters begins to look like a nail. **— Abraham Maslow**

## RIDDLE THIS

Solve the rebus:

BEACH

*Answer: Topless beach.*

## CROSS WORD

**ACROSS:**

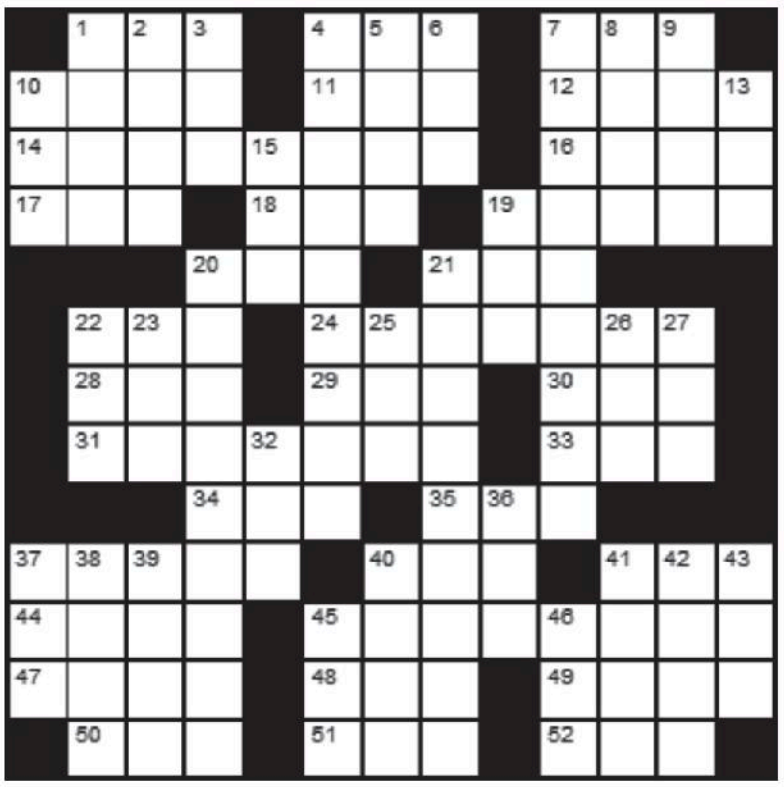
1 Not divisible by two
4 Monogram of the comment's speaker
7 Wily and cunning
10 Dutch cheese
11 Uber competitor
12 Normandy city
14 Postponement
16 Singer Coolidge
17 Owner Requirements Table
18 Recede
19 Boy's name - "El ICC" anagram
20 Closest Point of Approach
21 Hum and ____ : hesitate?
22 From _ __ z (1,2)
24 Mysterious
28 Vietnam, colloquially and in short?
29 Kept out of sight
30 Eggs
31 At the top
33 Place for sitting in church
34 Twin brother of Kush
35 Legal thing
37 An unforeseen obstacle (1,4)
40 Road vehicle
41 Place in a location
44 Roman 1052
45 Excluded or prohibited the entry
47 The founder of Pennsylvania
48 __ __ mode : in this fashion or style (1,2)
49 Applies lubricants to
50 Buddhist temple
51 Doctor of Laws, degree
52 Mrs in Marseille

**YESTERDAY'S ANSWER**

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| K | N | O | T | | | M | E | R | | R | E | A | M | |
| I | O | N | A | | | O | P | E | | U | R | G | A | |
| E | T | T | U | | | A | I | N | | P | A | R | R | |
| V | I | I | | I | N | C | O | M | E | T | A | X | | |
| | | P | D | Q | | | W | E | E | | | | | |
| A | T | T | E | S | T | I | N | G | | N | M | S | | |
| S | T | O | W | | H | E | E | | E | E | R | O | | |
| O | S | E | | B | I | R | D | S | N | E | S | T | | |
| | | | B | A | N | | | A | D | D | | | | |
| E | M | B | A | R | K | I | N | G | | L | E | U | | |
| S | A | Y | S | | I | M | A | | A | I | L | S | | |
| T | Y | R | E | | N | A | S | | A | N | S | I | | |
| H | O | E | D | | G | M | T | | A | G | E | S | | |

**DOWN**

1 European river
2 Nutty or crazy
3 Distance Measuring Equip.
4 Last leader of Soviet Union
5 Spill the beans
6 ___ volatile : another name for smelling salts?
7 Types of jars or bottles (5-4)
8 Not of the clergy
9 Abominable snowman?
10 Old name for Tokyo
13 ___ Sarovar : bird sanctuary in Gujarat ?
15 Corded cloth or medical representative, in short
19 Headgear
20 Grievance
21 Capital of Telangana
22 Ques. companion
23 Greek letter
25 Outer part of a wheel to which the tire is attached
26 I have, poetically speaking
27 Cry of crow
32 Floor covering
36 Period or age
37 Unit of current
38 Another word for 'killed'
39 Columbus' ship
40 Prison room
41 Stiffly formal
42 River to the Ubangi
43 Tax deducted at source, in short
45 Indian dish
46 Read Only Memory, in short



## SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | 5 | | | |
| | 9 | | | | | 3 | 7 | |
| | 2 | 7 | 4 | | 3 | 5 | | |
| 8 | | 6 | 7 | | 9 | 4 | | |
| | | | | | | | | |
| | | 9 | 5 | | 2 | 7 | | 3 |
| | | 5 | 1 | | 4 | 6 | 8 | |
| | 8 | 2 | | | | | 4 | |
| | | | 9 | | | | | |

Answer to previous puzzle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 7 | 5 | 2 | 3 | 4 | 6 | 1 | 9 |
| 1 | 3 | 2 | 7 | 6 | 9 | 5 | 4 | 8 |
| 9 | 4 | 6 | 1 | 8 | 5 | 3 | 7 | 2 |
| 4 | 6 | 3 | 8 | 7 | 1 | 2 | 9 | 5 |
| 5 | 2 | 9 | 3 | 4 | 6 | 1 | 8 | 7 |
| 7 | 8 | 1 | 5 | 9 | 2 | 4 | 6 | 3 |
| 2 | 1 | 4 | 9 | 5 | 7 | 8 | 3 | 6 |
| 6 | 9 | 8 | 4 | 2 | 3 | 7 | 5 | 1 |
| 3 | 5 | 7 | 6 | 1 | 8 | 9 | 2 | 4 |

Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concept is Sudoku increases from Monday to Sunday.

## CRYPTOQUIP

The Cryptoquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

**HDDR XERHJCBQ VDJCF LNDJ OSR CZMCNWCBVC SBR**

**S GDQ DL QUSQ VDJCF LNDJ OSR XERHJCBQ.**

**TODAY'S CLUE: Q EQUALS T**

**Yesterday's Cryptoquip:** Since we cannot match it let us take our revenge by abusing it.

# MOVIE LOVERS

## NOW SHOWING - SINGLE SCREEN THEATRES

- **Gayathri Theatre** — **Ph: 2443568**
  *Appu (K)* - 4 Shows
- **Mahadeshwara Theatre** — **Mob: 99008-20093**
  *Mayura (K)* - 4 Shows
- **Woodlands Theatre** — **Ph: 2422871**
  *Salaar: Cease Fire - Part 1 (K)* - 4 Shows
- **Padma Theatre** — **Ph: 2521923**
  *Khadgam (Te)* - 4 Shows
- **Thibbadevi Theatre** — **Ph: 2452958**
  *Bhagiratha (K)* - 4 Shows
- **Prabha Theatre** — **Mob: 98454-14691**
  *Bhagiratha (K)* - 4 Shows
- **Sangam Theatre** — **Ph: 2520494**
  *Barget Basya (K)* - 4 Shows
- **Lido Theatre** — **Ph: 2420885**
  *Forest (K)* - 4 Shows
- **Rajkamal Theatre** — **Ph: 2423554**
  *Asthram - The Secret (Ta)* - 4 Shows
- **Balaji Theatre** — **Mob: 98863-25207**
  *Badass Ravikumar (H)* - 3 Shows

### DRC CINEMAS — Ph: 4240422, 4241800

| | | |
|---|---|---|
| *Disney's Snow White (E)* | (S-1) | 9.55 am, 12.20 pm, 2.40 pm, 5 pm |
| | (S-4) | 7.05 pm |
| *The Diplomat (H)* | (S-1) | 7.20 pm |
| *Yaariyan (H)* | (S-1) | 10.10 pm |
| *Barget Basya (K)* | (S-2) | 10.20 am |
| *Asthram (Ta)* | (S-2) | 1.10 pm |
| *Court: State Vs A Nobody (Te)* | (S-2) | 3.55 pm |
| *Tumko Meri Kasam (H)* | (S-2) | 7 pm, 10.20 pm |
| *Ballari Jille Ballari Taluk Grama Yalpi (K)* | (S-3) | 10.35 am |
| *Dragon (Ta)* | (S-3) | 1.05 pm; (S-4) 10.20 am |
| *Pintu Ki Pappi (H)* | (S-3) | 4.15 pm |
| *Chhaava (H)* | (S-3) | 7 pm |
| *Ghatak (H)* | (S-3) | 10.15 pm |
| *Appu (K)* | (S-4) | 1.30 pm |
| *Shanmukha (Te)* | (S-4) | 4.15 pm, 9.45 pm |

### MYSURU VISION CINEMAS — Ph: 0821 - 2973519

| | | |
|---|---|---|
| *Forest (K)* | (S-1) | 1.45 pm |
| *Ballari Jille Ballari Taluk Grama Yalpi (K)* | (S-1) | 6.35 pm |
| *Asthram (Ta)* | (S-1) | 7 pm |
| *Shanmukha (Te)* | (S-1) | 9.15 pm |
| *Pintu Ki Pappi (H)* | (S-2) | 1.15 pm, 3.55 pm |
| *Chhaava (H)* | (S-2) | 6.30 pm |
| *Tumko Meri Kasam (H)* | (S-3) | 9.30 pm |
| *Disney's Snow White (E)* | (S-3) | 1.30 pm, 4.05 pm, 9.20 pm |
| *Tumko Meri Kasam (H)* | (S-3) | 6.15 pm |

### PVR CINEMAS — 4K Dolby 7.1

#### Nexus Centre City Mall, 2nd Floor. Ph: 0821-230 0402

| | | |
|---|---|---|
| *Lucifer (Ma)* | : | 9.55 am, 10.30 pm |
| *Disney's Snow White (E)* | : | 11.20 am, 1.50 pm, 3.30, 7.30 pm, 9.30 pm |
| *Salaar: Cease Fire - Part 1 (Te)* | : | 11.30 am, 7 pm |
| *Court: State Vs A Nobody (Te)* | : | 12.15 pm, 6.40 pm |
| *Yevade Subramanyam (Te)* | : | 12.25 pm |
| *Appu (K)* | : | 12.35 pm, 6.30 pm |
| *Shanmukha (Te)* | : | 1.30 pm |
| *Kiss Kiss Kissik (K)* | : | 3.05 pm |
| *Chhaava (H)* | : | 3.20 pm, 9.45 pm |
| *The Diplomat (H)* | : | 3.35 pm, 9.30 pm |
| *The Karate Kid (1984) (E)* | : | 4.10 pm, 10.30 pm |
| *Dragon (Ta)* | : | 4.20 pm |
| *Dangal (H)* | : | 6 pm |
| *Tumko Meri Kasam (H)* | : | 6 pm |
| *Interstellar (E)* | : | 10 pm |

#### 1st Floor, Garuda Mall. Mob: 88009 00009

| | | |
|---|---|---|
| *Appu (K)* | : | 10 am, 3.55 pm, 10.05 pm |
| *Disney's Snow White (E)* | : | 10.55 am, 1.25 pm, 3.20 pm, 7 pm |
| *Forest (K)* | : | 12.20 pm |
| *The Diplomat (H)* | : | 1 pm |
| *Court: State Vs A Nobody (Te)* | : | 3.55 pm, 9.30 pm |
| *Narayana Narayana (K)* | : | 5.50 pm |
| *Dragon (Ta)* | : | 6.55 pm |
| *Barget Basya (K)* | : | 9 pm |

### INOX — LIVE the MOVIE

#### Mall of Mysore - Mob: 78299-99465

| | | |
|---|---|---|
| *Chhaava (H)* | : | 10.35 am, 5.55 pm, 10.20 pm |
| *Disney's Snow White (E)* | : | 10.35 am, 1.40 pm, 4.55 pm 7.35 pm, 10 pm |
| *Appu (K)* | : | 10.40 am, 12 noon, 1.55 pm, 7.20 pm |
| *The Diplomat (H)* | : | 1 pm, 3 pm, 9.15 pm |
| *Mickey 17 (E)* | : | 3.55 pm |
| *Salaar: Cease Fire - Part 1 (Te)* | : | 4.05 pm |
| *Yaariyan (H)* | : | 6.50 pm |
| *Ghatak (H)* | : | 9.50 pm |

#### INOX Centro Mysore - Ph: 0821-4283555

| | | |
|---|---|---|
| *Disney's Snow White (E)* | : | 10.55 am, 1.20 pm, 4.40, 7.05, 9.30 pm |
| *Pelli Kani Prasad (Te)* | : | 11.05 am |
| *Shanmukha (Te)* | : | 12 noon |
| *Court: State Vs A Nobody (Te)* | : | 12.30 pm, 10 pm |
| *Appu (K)* | : | 1.40 pm |
| *Ballari Jille Ballari Taluk Grama Yalpi (K)* | : | 2.35 pm |
| *Pintu Ki Pappi (H)* | : | 3.35 pm |
| *Chhaava (H)* | : | 3.45 pm |
| *Narayana Narayana (K)* | : | 5.10 pm |
| *Lamhe (H)* | : | 6.25 pm |
| *The Diplomat (H)* | : | 7.05 pm |
| *Barget Basya (K)* | : | 7.40 pm |
| *Tumko Meri Kasam (H)* | : | 10.10 pm |
| *Lucifer (Ma)* | : | 10.20 pm |

**NOTE:** Movie timings published here are subject to sudden change by the theatre managements. The films are also liable to be changed in multiplexes if there is no minimum audience of 15.

## EVENTS TODAY (MARCH 26)

- **Sahara Arts & Crafts:** Shopping Festival, Scouts and Guides Grounds, behind Old DC office, **up to 9.30 pm.**
- **Naatya - Academy of Performing Arts and Research Centre:** International Women's Day and World Theatre Day celebrations, conferring of 'Sthree Ratna' award on women achievers, staging of humour play 'Nangyako Doubtu' by Mysore Mime Team, felicitation to senior theatre artiste H.S. Umesh, Mini Theatre, Kalamandira premises, **5 pm.**
- **Sri Bramharshi Agastya Lopamudra Jnana Peeta, Mysuru and Ayodhya Publications, Bengaluru:** Releasing of book 'Agastya: The Unifier,' co-authored by Dr. M.N. Sudha and O. Shama Bhat, Suttur Mutt Seer Sri Shivarathri Deshikendra Swamiji, Avadhoota Datta Peetham Junior Pontiff Sri Datta Vijayananda Theertha Swamiji and Mata Amritanandamayi Mutt's Brahmachari Prasadamirita Chaitanya will grace the occasion, *Star of Mysore* and *Mysuru Mithra* Founder-Editor Dr. K.B. Ganapathy chief guest, Bengaluru's Mythic Society President V. Nagaraj presides, JSS College of Arts, Science and Commerce, Ooty Road, **6.15 pm.**
- **Rangayana Mysuru, Mysuru Jilla Havyasi Rangakarmigala Vedike, Department of Kannada & Culture, Karnataka Nataka Academy and Karnataka Sahitya Academy:** Vishwa Ranga Sambhrama-2025, staging of play 'Clytemnestra,' originally written by Greek playwright Aeschylus, translated to Kannada by Amit J. Reddy, directed by Nagarjun Aradhya, Bhoomigeeta, Rangayana premises, **6.30pm.**

## EVENTS TOMORROW (MARCH 27)

- **Sri 101 Ganapati Temple Trust, Mysuru:** Sri Veerabhadreshwaraswamy Pratishtapana Mandala Puja Mahotsava, Sri Renuka Shivacharya Swamiji graces the occasion, **7 am;** Mahamangalarati, Prasada Viniyoga, Temple premises, Tyagaraja Road, K.R. Mohalla, **11.30 am.**
- **KSCA Mysuru:** Open Selection Trials to pick Mysuru Zone women's cricket team, SDNR Wadiyar Grounds, **9 am onwards.**
- **Daksha First Grade College:** Inauguration of 'Dviti Season-2' by University of Mysore (UoM) Registrar (Evaluation) Prof. N. Nagaraj, UoM BIMS Professor Dr. D. Anand and Altos Computing India Pvt. Ltd., Bengaluru, General Manager and Country Head Dr. Sanjay Virnare chief guests, Global Education Trust Chairman Jayachandra Raju presides, Global Education Trust Secretary Sonia Umapathy and Managing Director Gautham Raju will be present, Cultural Hall, College premises, **10 am.**
- **Sahara Arts & Crafts:** Shopping Festival, Scouts and Guides Grounds, behind Old DC office, **10.30 am to 9.30 pm.**
- **Public Health Research Institute of India (PHRII):** Inauguration of Cervical Cancer Prevention Centre, PHRII premises, Kuvempunagar, **11 am to 1 pm.**
- **Rashtriya Bhrashtachara Nirmulane haagu Karyacharane Samiti:** Inauguration of Mysuru District Unit and Office-Bearers Conference, Sri Guru Residency, JLB Road, **11 am.**
- **Rangayana Mysuru, Mysuru Jilla Havyasi Rangakarmigala Vedike, Department of Kannada & Culture, Karnataka Nataka Academy and Karnataka Sahitya Academy:** Vishwa Ranga Sambhrama-2025, World Theatre Day celebrations, Senior Theatre Person and former Karnataka Nataka Academy Chairperson Malathi Sudhir, Nataka Academy Member-Convenor Dr. M.A. Jaheeda and Rangayana Deputy Director Dr. M.D. Sudarshan will be present; Theatre persons who have received Rajyotsava Award, Nataka Academy Award, Kuvempu Bhasha Bharathi Award, Bayalata Academy Award, Suvarna Rajyotsava Award and Hon. Doctorates by Universities will be feted; Folk art by artistes of Gautama Samskrutika mattu Shaikshanika Seva Trust; Theatre Songs, Bhoomigeeta, Rangayana premises, **6 pm onwards.**
- **Natana School of Theatre Arts:** World Theatre Day celebrations, staging of play 'Kaniveya Haadu' by Payana Repertory, originally written by Athol Fugard, translated to Kannada by Dr. Meera Murthy, directed by Dr. Sripad Bhat, music by Anush Shetty and Munna, Natana premises, Ramakrishnanagar, **6.30 pm.**

## DHO to inaugurate Cervical Cancer Prevention Centre

*Dr. Kumaraswamy*

Mysuru, Mar. 26 (KS)- The Cervical Cancer Prevention Centre of Public Health Research Institute of India (PHRII) will be inaugurated tomorrow at PHRII premises on Gaganachumbi Double Road, Kuvempunagar in city. District Health Officer (DHO) Dr. P. C. Kumaraswamy, who is the chief guest, will inaugurate the centre at 11 am.

District Surveillance Officer Dr. D.G. Nagaraj, District Reproductive and Child Health Officer Dr. Mohammed Shiraz Ahmed and Taluk Health Officer Dr. Puttathayamma will be present.

## Yeshasvini Health Scheme registration

Mysuru, Mar. 26- The members of Kodagu Sahakara Sangha, Jayalakshmipuram in city, have been asked to renew their Yeshasvini Health Insurance Scheme membership at the Sangha Office before Mar. 31.

Fresh registration for the scheme will also be done.

## IAS, KAS coaching class

Mysuru, Mar. 26- The KSOU Competitive Exams Coaching Centre will be conducting a 50-day free coaching class for IAS and KAS exams at its premises in Mukthagangothri campus. The interested aspirants can register their names at the Centre's Office between 10 am and 4.30 pm on all working days till Apr. 2, according to a press release. For more details, contact Ph: 0821-2515944.

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| • Accounts (B.com) | 2 positions | |
| • GNM Staff Nurse (Females only) | 5 positions | |
| • OT Technician (Females only) | 2 positions | |

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## DOCUMENT LOST

I, S.G. Gopinath, R/at 971, 14th Main, T.K. Layout, Mysore-570009 have lost the Original Documents belongs to Plot No. 352, Sri Raghavendra Nagar, Orathur Village, Orathur 2, Tiruthani Taluk, MGR District (TN) Finders please contact: 9900349800

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| | | |
|---|---|---|
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| Leggings Jeggings 200/- | Patiyala Pant 200/- | Western Tops 100/- |
| Kids Garments 99/- | Branded Mens Trunks 200/- | |
| Womens Panty Rs. 120/- only | Camisol Rs. 150/- | Branded Bra Rs. 240/- |

**SALE From 26-03-2025 to 03-04-2025**

Venue : JAYAMMA GOVINDEGOWDA KALYANA MANTAPA
Udayaravi Road, Kuvempunagar, Mysore

All major Debit / Credit Cards and Online Payment accepted
Timing : 10 am to 10 pm, Contact : 8747869888
FREE Entry & Parking

## OBITUARY

Born 26-02-1946
Death 26-03-2025

**Shri M.S. Sridhar**

Attained Eternity on 26-03-2025 Wednesday
May his soul Rest In Peace
Last rites will be on
27-03-2025 Thursday, 12-15pm

DEEPLY MOURNED BY

*L.C. Sathyabhama,*
*M.S. Raghuram, M.S. Narendranath, M.S. Sunil Kumar*
*relatives & Friends.*